

I feel stronger and have a little more strength.

Before coming to Dr. Horning, I experienced stiffness and achiness in my neck. The pain ran from my neck down to my shoulders at times. I also have lower back pain occasionally. This comes when I lift something or do a little extra housework.

I've noticed after 3 weeks with Dr. Horning that my neck is feeling better. The stiffness is starting to ease. I'm sleeping better (my neck kept me from sleeping). I seem to be able to do more without my lower back hurting. Also, I feel stronger and have a little more strength.

I thank the Lord for sending me to Dr. Horning.

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