

It hurt to chew my food.

My dentist recommended Dr. Horning. I was grinding my teeth in my sleep. It hurt to chew my food and the back of my neck ached often.

Dr. Horning's x-rays showed my spine was injured and was not curved corrected. I started treatments three times a week. I was a bit nervous at first then I saw improvement and began to relax.

After two months, I was amazed. I caught myself doing things without pain like eating or moving my head from side to side. I had a general increase in energy level as well. I am glad that I came to him. I am afraid of the pills or surgery. This was a great alternative.

Carl G.