

Neck and back pain

I came to Dr. Horning for intermittent back and neck pain. I am a young guy and was surprised at the amount of damage I have caused my body. We started on a regiment to get my back straight and strong.

After the first treatment, actually right after the first treatment I felt no pain. I am very active during the day, and there is a point where I always expect the lower back pain; but none came. No matter what activity I did, cleaning or working on the car, there was no pain.

I have been going for a couple weeks now and I can see a marked improvement in my quality of life. I would recommend anyone with pain to try it.

Tom B